

SLEEPBOUND



Bio

Based out of the midlands, Sleepbound are setting out a new way of thinking in the metal genre. Fusing cutting female and gritty male vocals to create an imaginative vocal sound. Couple that with rhythmic, punchy bass lines and guitars that swoon around, sprinkling their tonal elegance across each track.

They have drawn on their years of experience in the music scene to create something out of the ordinary and a tasty treat not just for the listener but for the viewer too.

Tracks

Blood Count - About the times when you are on medication that is supposed to help you, but you feel worse than you did before. Having blood taken all the time. Scared!

Just Hope - The worlds having a party even though serious, despicable things are happening. Having a different opinion to others. Hoping things will get better.

From Loki - Losing touch of oneself. Seeing red and it consumes them. All we want to do is be calm and reassure and build bridges but constantly feeling attacked.

Let Bloom - Imposter syndrome. Feeling like you shouldn't be where you're at and that you aren't good enough and the fight back from the anxious thoughts to say we're good enough.

Waiting Line - The constant feeling of going to lots of DR's appointments and always in a waiting line. Never getting anywhere. Nothing happening. Fixing the soul but the pain keeps going on.